



COMENIUS / France

Tuesday 24th – Sunday 29th September 2013

DAY 1 (Tuesday 24th September) :

- Meet** : at Glasgow Airport 07.30
- Easyjet flight leaves Glasgow at 8.40am, arrival at Charles-de-Gaulle 11.35am**
- Morning** : Scottish and Germans arrive at Charles- de- Gaulle Airport
- Welcome and lunch** at Saint Dominique
- Afternoon** : Workshops (2 x 1h30)
- Evening** : spent with host families

Day 2 (Wednesday 25th September) :

- **7h** Travel by coach to 'le Mont Saint Michel'
- **12h-15h30** Picnic and then guided crossing of the bay of Mont Saint Michel (3h) followed by a visit of the village
- **18H** : Bus for dinner in Dinard, then arrival at the youth hostel in Saint-Malo

Day 3 (Thursday 26th September) :

- **9h** Guided tour in French of La Rance Barrage (tidal power station), for group 1 (30 people)
- **10H45** Guided tour in English of La Rance Barrage, for group 2
- **Picnic** on the beach of Saint-Jacut.
- **13h30 -17h30**: Water sports activities
 - Group 1 (28 people) Sailing (catamaran for 2 or 3)
 - Group 2 (24 people) Sand Yachting
- **18H** : Return to Saint-Malo, rest and then dinner in Saint Malo (crêperie)

Day 4 (Friday 27th September) :

- **9h** Guided visit of Saint-Malo, then leave for Saint-Dominique early afternoon, return 18/19h
- Evening with host families

Day 5 (Saturday 28th September) :

- **9h30** – Workshops and evaluation of mobility
- 12h30** : Lunch and depart for « Vaux le Vicomte »
- 23h/ midnight** : Return to Saint-Dominique, evening with host families

Day 6 (Sunday 29 September) :

- **Morning+afternoon** : spent with family, and then depart for airport Arrival at Glasgow Airport 20.10

Equipment to bring : Hat and sun cream, walking boots or sturdy shoes, shorts, wind and waterproof resistant clothing, warm clothes, a towel and swimming costume (if you have a wetsuit, you might want to put it in), swimming certificate.

With thanks to S6 for their translation of the programme.